

I Hope To See Less of You!

A weight management seminar brought to you by
Nicholas Chua.

Unravel the secrets and
discover the science behind
weight management.

Date: End of September

Time: 11am to 1pm

Ticket price: \$30

Venue: Changi Simei CC, Seminar Room

**Enroll now to stand a chance to win
5 personal training sessions worth \$350**

For details: Kindly contact Nicholas at
9456 9511 or nicholas.chua@hotmail.sg

